

# Golf Digest

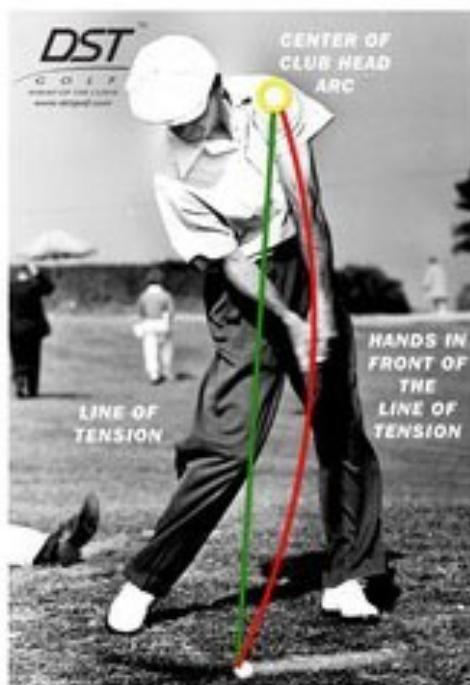


**Laggard:**

The DST teaches you to keep your hands ahead of the clubface at impact.

DST GOLF'S TRAINING CLUB

# CASE OF THE BENDS



The clubs to the left aren't an optical illusion. The shafts on DST Golf's training irons are purposely bent to mimic how your shaft should behave at impact. The idea is to create the feeling of hitting down on the ball so that when you switch to your actual irons, you'll make a similar move and improve your ball-striking, accuracy and distance control. When you properly position the DST (Delayed Strike Technology) clubs while setting up for a practice swing, the bend in the shaft naturally pushes your hands forward. The delayed lag will allow you to maintain control of the club, which weighs the same as a regulation iron, until after the ball has been hit, helping you compress the ball at impact. Henrik Stenson was spotted using this warm-up club last weekend before play at the WGC-Cadillac Championship. The club, which retails for \$100, comes in an 8-iron and wedge, as well as in two variations of the shaft bend (the DS-10 and the more extreme Compressor). For more information, go to [dstgolf.com](http://dstgolf.com). —Keely Levins